



'Inspiring and joyously delicious' **NIGEL SLATER**

'Deeply warm and encouraging' **NICOLA LAMB**

'So much to love in this book' **ANNA JONES**

Published 21st May - £26

The new cookbook from award-winning writer Ella Risbridger.

Home cooking but make it gorgeous. Make it the thing that improves your day. Make it beautiful, useful and delicious. Make your life just, like, 10% better.

No-knife potato curry, cumin lamb ragù, turmeric satay salmon, marinated bavette, and kimchi remoulade; breakfast bars, rhubarb and custard, sticky lemon cake, and one-bowl cannelés. This is cooking for real life – the kinds of recipes you will actually make and actually love.

There are plenty of ideas to get you through the week with minimal faff and maximum reward, whether you're at your lowest ebb or striving for elegance:

- **The big list:** how to stock the fridge, freezer, spice drawer and more
- **On the sofa:** sticky-crispy Korean tofu, pistachio chilli, pumpkin and raisin roasted rice
- **At the kitchen counter:** brown butter cornbread, herby mango salad, green chickpea quesadillas
- **For a gathering:** sheet-pan leek latkes, pig cheek and queen bean burritos, smoky rosemary palomas
- **With a tablecloth:** asparagus fritters, miso mushroom ragù, smoky tea chocolate pots
- **For the week ahead:** bread and butter, cure-all one-pan beans, pink onions, caramelised garlic
- **On the floor:** carbonara rice, fish finger and smoked sweetcorn tacos, sausage and rocket gnocchi



Roasting a chicken. Planning for the week ahead. Throwing a party (for three or thirty or more). Baking fail-safe cookies (for when failure to have cookies really isn't an option). *The Kitchen Book* is your source of wisdom for the 4pm what's-for-dinner panic, and the definitive answer to 'Maybe just toast and an early night?'

Praise for Ella Risbridger:

'Ella Risbridger has a comforting talent for delivering deliciousness in a way that seems like an act of compassion' **Nigella Lawson**

'The most talented British debut writer in a generation' ***Sunday Times***

'A moving testimonial to the redemptive power of cooking. Risbridger knows that it offers not just solace but a map; cooking can save you. Generous, honest and uplifting' **Diana Henry**

'She has found a way to write not just about food itself but, more importantly, about the darkness for which cooking can be a partial remedy'

Bee Wilson, *Sunday Times*



Ella Risbridger is a writer and journalist from London. With bylines in the *Financial*

Times, *Guardian*, *Observer*, *Vogue* & many others, her books span from cookery to picture books, poetry to essay collections. Her best-selling debut, *Midnight Chicken (& Other Recipes Worth Living For)*, won Cookbook of the Year at the Guild of Food Writers Awards, and was named a book of the year in multiple publications on both sides of the Atlantic, including

the *Sunday Times*, *New York Times*, *Daily Mail* and *Washington Post*. She was described by the Times as "the most talented writer of a generation", which is nice. Ella is also the creator of *You Get In Love And Then...?*, a best-selling newsletter with thousands of paid subscribers; an amateur painter, potter, and candlestick maker; and the part-owner of one very fat orange cat.

For further information, interviews, review copies or publicity recipes please contact Sarah Bennie PR on sarah@sarahbennie.com