

Gino's Italian Family Adventure: Easy Recipes the Whole Family will Love By Gino D'Acampo



This autumn Bloomsbury will publish the much-loved Gino D'Acampo's ultimate family cookbook, *Gino's Italian Family Adventure: Easy recipes the whole family will love* (£22 hbk, 28th October), where Gino takes inspiration from his upbringing in Napoli, transporting the classic methods and ingredients he grew up with to the modern family table.

Gino's Italian Family Adventure: Easy recipes the whole family will love standalone cookbook will feature a selection of effortless and satisfying recipes from the accompanying primetime, seven-part ITV series where Gino visits the iconic Italian cities of his youth with family members. He will be revisiting Naples with his teenage son to eat pizza, setting sail for the island of Capri with his daughter Mia, before heading to Puglia for a romantic road trip with his wife and then taking his in-laws to Oglisatra, a region of Sardinia. Gino's new book will be packed with family classics to inspire. The book gives insight into the way Gino cooks and how he keeps his children (ages 7-18) interested in food and hungry for every meal. Recipes range from crowd-pleasers to fresh takes on classics and include *Lemon and rosemary roast chicken*, *Farfalle with broccoli and cheese*, *Seafood tagliatelle*, *Spicy pork ribs*, *Ultimate steak sandwich* and *Orange and pistachio tiramisu*. Chapters are

cleverly divided into family meal types such as *Quick Recipes*, *Kids are Out (meals for two)* and *Sunday Specials*, making it easy to find the perfect dish for any occasion. Featuring all the sumptuous Italian recipes from the accompanying ITV series and full of food that has been tried, tested and repeatedly enjoyed, this is the go-to book for Gino's best and most-loved family meals.

Gino's TV career goes from strength to strength, with two new *Gordon, Gino & Fred* (Gino D'Acampo, Gordon Ramsey & Fred Sirieix) ITV series in 2021 (with a Christmas special), 2022 and 2023. This series has an average audience of 6.6 million viewers. *Family Fortunes* was the most watched Sunday night show prior to *I'm a Celebrity* (which he won) with figures also at 4.5 million plus. There will be a new *Family Fortunes* series later in 2021 the most watched show on Sunday night when it was aired. Gino will promote the new cookbook across his 3.5 million social media followers.

About the Author: Gino D'Acampo was born in Napoli in the south of Italy into a large family. The food they ate was very traditional - simple recipes based on fresh and healthy fruit, vegetables, fish and meat.

'My grandfather said that a good recipe doesn't need many ingredients because if the ingredients are good quality and full of flavour, why do you have to cover up or change their taste'. This is a philosophy Gino has stuck to since he first started in the kitchen. After training at the Luigi de Medici Catering College, Gino came to London at 19 and worked at The Orchard Restaurant in Hampstead and then at the Cambio restaurant in Surrey.

Gino has appeared on many primetime TV shows in his career. He is currently a regular on ITV's flagship programme *This Morning* and since his first eight-part cookery tv series *Gino's Italian Express*, Gino has had a prime-time cookery series every year. Gino will also be back on our screens in 2021, 2022 and 2023 alongside Gordon Ramsay and Fred Sirieix for more series of their highly popular show *Gordon, Gino and Fred's Road Trip*.

Gino is the author of several best-selling books including, *Gino's Healthy Italian for Less*, *Gino's Italian Coastal Escape*, *Gino's Italian Escape* and *Gino's Italian Adriatic Escape* and *Gino's Hidden Italy*. He has 8 Gino D'Acampo My Restaurant around the UK - in Manchester, London, Birmingham, Harrogate, Hull, Leeds and Liverpool - and three London My Pasta Bar.

He is married to Jessica and they have three children, Luciano, Rocco and Mia.

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